

Grant County Health Department 111 South Jefferson Street Floor 2 Lancaster, Wisconsin 53813-1672 www.co.grant.wi.gov (608) 723-6416

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COMMUNITY EDITION

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Rabies

Rabies is a serious and most often deadly disease that is caused by a virus. Most rabies cases reported to the Centers for Disease Control and Prevention (CDC) each year occur in wild animals like raccoons, skunks, bats, and foxes.

Any mammal can get rabies. This includes raccoons, skunks, foxes, bats, dogs, cats, cattle and humans.

Some signs of rabies in animals are: changes in an animal's behavior general sickness problems swallowing increased drooling aggression



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How can I prevent rabies?

- Vaccinate your dogs, cats, and ferrets against rabies.
- Do not handle wild animals. If you see a wild animal or a stray, especially if the animal is acting strangely, do not go near it.
- DO NOT feed wild animals, such as raccoons, or try to make them your pet.
- Get your pets spayed or neutered. Pets that are fixed are less likely to leave home, become strays, and make more stray animals.

If you do get bitten by an animal, wash the wound with soap and water. Call your doctor to see what treatment is needed.

If possible catch the animal so it may be observed or tested for rabies. While capturing or euthanizing a bat or other animal, do not crush the head (rabies testing can only be done on the brain of animals).

The mission of the Grant County Health Department is to promote the health and wellness of ALL residents of Grant County.

Websites

- ► Visit the Grant County website at <u>www.co.grant.wi.gov</u> for more information on Grant County services.
- Visit the Wisconsin Immunization Registry (WIR) website <u>www.dhfswir.org</u> for information on your immunizations.
- Visit <u>www.grantcountyhospice.com</u> for information on the Hospice Program.
- Visit <u>www.safegrantcounty.org</u> for information on the S.A.F.E. Grant County Coalition.

Is Money Tight?

FoodShare stretches your budget by depositing money on a debitlike card called the QUEST card once per month to help buy groceries. With one phone call you can see if you might be eligible and make an appointment in your area for free one-on-one application assistance.

ELIGIBILITY

You may qualify if your household's gross monthly income is less than...

\$1,916
\$2,586
\$3,256
\$3,926

Call Second Harvest Foodbank's FoodShare Helpline today! **1-877-366-3635**

Or go to www.GetAQuestCard.org

For more information on eating healthy at home, visit www.choosemyplate.gov or http://fyi.uwex.edu/foodsense/ or contact the Grant County UW-Extension Office.



WIC & Health Check Clinics

(Immunizations given at all these clinics)

Aug 6th—Late Muscoda Kratochwill Building from 2:00pm to 7:00pm

Aug 7th—Platteville Lutheran Church of Peace from 9:00am to 3:30pm

Aug 12th—Boscobel United Methodist Church from 9:30am to 3:30pm

Aug 13th—Fennimore United Methodist Church from 9:00am to 3:30pm

Aug 19th—Cuba City St Rose— . Mazzuchelli Hall from 9:30am to 3:30pm

Aug 21st—Late Platteville Lutheran Church of Peace from 3:00pm to 7:00pm

Aug 26th—Lancaster Youth & Ag Bldg from 9:00am to 3:30pm

Aug 28th—Platteville Lutheran Church of Peace from 9:00am to 3:30pm

Immunization Only Clinics

Aug 11th—Platteville United Methodist Church from 5:00pm to 6:00pm

Aug 12th—Fennimore St Peters Lutheran Church from 5:00pm to 5:30pm

Aug 13th—Cuba City—City Hall from 5:00pm to 5:30pm

Aug 13th—Dickeyville Fire Station from 6:00pm to 6:30pm

What Is Group B Strep?

Group B strep (GBS) is a type of bacteria that is naturally found in the digestive and reproductive tracts of both men and women. About 1 in 4 pregnant women "carry" GBS. Babies can be infected by GBS before birth through several months of age due to their underdeveloped immune systems. Only a few babies who are exposed to GBS become sick, but GBS can cause babies to be *miscarried*, *stillborn*, *become very sick* and sometimes even *die after birth*.

In the United States all pregnant women should be routinely tested for GBS at 35–37 weeks during *each* pregnancy unless they already tested positive in the current pregnancy. If the test result is positive, a woman should receive IV antibiotics when labor starts or her water breaks. Women should plan ahead if they have short labors or live far from the hospital. The IV antibiotics received generally take 4 hours to be the most effective.

To help prevent the spread of Group B Strep or any other illness, **everyone** should wash their hands before handling a baby. For more information go to: www.groupbstrepinternational.org Source: Group B Strep International

Prevent Lyme disease

Lyme disease is caused by bacteria spread through the bite of infected ticks. Symptoms include fever, headache, fatigue, and a skin rash called erythema migrans, otherwise known as a bull's eye rash. If left untreated, infection can spread to joints, the heart, and the nervous system. While it is a good idea to take preventive measures against ticks year-round, take extra caution in warmer months (April-September) when ticks are most active. The blacklegged tick (or deer tick, *Ixodes scapularis*) spreads the disease in the Midwest.

To prevent Lyme disease:

- Avoid wooded and bushy areas with high grass and leaf litter.
- Use repellents that contain 20 to 30% DEET (N, N-diethyl-m-toluamide) on exposed skin and clothing for protection that lasts up to several hours. Always follow product instructions. Parents should apply this product to their children, avoiding hands, eyes, and mouth.
 - Other repellents registered by the Environmental Protection Agency (EPA) may be found at http://cfpub.epa.gov/oppref/insect/.
- Bathe or shower as soon as possible after coming indoors (preferably within two hours) to wash off and more easily find ticks that are crawling on you.
- Conduct a full-body tick check upon return from tick-infested areas.
- Examine gear and pets. Ticks can ride into the home on clothing and pets, then attach to a person later, so carefully examine pets, coats, and day packs.
- Putting clothes in a dryer on high heat for an hour will kill ticks.

Get Ready for School

The State of Wisconsin requires the following boosters for school entrance:

-Children going into kindergarten should have:

DTaP 5 doses

Polio 4 doses

MMR 2 doses

Chickenpox/Varicella 2 doses (Or history of disease)



-Students entering 6th grade are required to have one dose of Tdap (tetanus, diphtheria and pertussis) or Td (tetanus and diphtheria) in the past 5 years

After your child receives his/her immunizations, please send the immunization dates to your school. The Grant County Health Department provides immunizations free for children with BadgerCare or no insurance to cover vaccines. The Tdap and MMR vaccine is currently free for persons due to reported cases of those diseases in Wisconsin. Call the Health Department with any questions at 723-6416.



BUS-1

Change Service Requested

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